



SOCIALS

DUCK WINGS | 16

soy chili glazed, house picklings

SOURDOUGH TOAST | 12

whipped chevre, crostini, honey, strawberries, basil, pine nuts, balsamic

SQUASH HUMMUS | 12

candied figs, pepitas, crudite, flatbread crackers

FRIED CALAMARI | 16

pickled peppers & onion, cilantro remoulade

BRUSSELS SPROUTS | 13

cherrywood bacon, balsamic, Parmesan

THISTLE FRIES | 12

house seasoning, Parmesan, truffle oil, roasted garlic mayo

HANDHELDS

Sandwiches/burgers come with homemade chips & a pickle. Substitute French fries for \$2 or Thistle fries, sweet potato fries, or fruit for \$4. Gluten-free buns available \$2.

THISTLE BURGER* | 16

Schaendorf Farms MI beef, aged cheddar, LTO, Brioche bun

IMPOSSIBLE BURGER* | 16

plant-based "meat", aged cheddar, LTO, Brioche bun, fresh fruit

REUBEN | 15

slow-roasted corned beef, Swiss, sauerkraut, Michigan rye, Thousand Island dressing

PLANT PROTEIN WRAP | 15

sweet potato, quinoa, chickpea hummus, avocado, cucumbers, LT, wheat tortilla, side of fresh fruit

THE BLATE | 14

it's a BLT with fresh avocado & fried egg

TURKEY AVOCADO SANDWICH | 15

seared MI turkey, avocado, LTO, Michigan Jack, wheatberry bread

CHICKEN CAPRESE SANDWICH | 15

grilled chicken, provolone, beefsteak tomato, pesto, balsamic drizzle, Brioche bun

WALLEYE SANDWICH | 17

crisp fried walleye, LTO, cilantro remoulade, Brioche bun

DESSERT

CHOCOLATE TORTE | 8

raspberry coulis, fresh berries

MI CHERRY SORBET | 8

fresh berries

CHEESECAKE | 7

NY-style, bourbon caramel drizzle

SOUP & SALADS

SOUP | 7/9

daily inspiration

THISTLE SIRLOIN CHILI | 8/11

award-winning signature chili, accompaniments

MOUNTAIN WEDGE | 9/14

tomatoes, cucumbers, pickled onions, toasted walnuts, smoked blue cheese, bacon, balsamic vinaigrette



CLASSIC CAESAR | 7/11

romaine, Parmesan, focaccia croutons

HARVEST CHICKEN CHOP | 16

roasted squash, apples, dried cranberries, bacon, pecans, goat cheese, maple vinaigrette

dressings: balsamic vinaigrette, Caesar, buttermilk ranch, chunky blue cheese, maple vinaigrette

add chicken 8, tofu 8, or shrimp 10

SIDES

DAILY VEGETABLE | 6

rotating fresh vegetable, sauteed

FRENCH FRIES | 6

crispy, salt & pepper

SWEET POTATO FRIES | 7

sea salt

ROASTED BROCCOLINI | 8

roasted garlic, lemon butter

PEAK PERFORMANCE

leaner portion sizes and the recommended balance of proteins, starches, and fruits and vegetables

GLUTEN FREE AVAILABLE - ASK YOUR SERVER

*May be cooked to order: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.